



# SLEEP TESTING REFERRAL FORM

Medical Directors  
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Last name	First name	MI
Phone	DOB	Gender

**SELECT ONE:**

- Home Sleep Apnea Testing (CPT 95806)       PAP titration (CPT 95811)  
 PSG / polysomnogram (CPT 95810)       Other:

SITUATION				
Sitting and reading	0	1	2	3
Sitting, inactive, in a public place	0	1	2	3
Sitting and talking to someone	0	1	2	3
Sitting quietly after lunch (no alcohol)	0	1	2	3
Watching TV	0	1	2	3
As a passenger in a car for an hour	0	1	2	3
Lying down in the afternoon	0	1	2	3
In a car, stopped in traffic for a few minutes	0	1	2	3
<b>TOTAL SCORE:</b>				

**EPWORTH SLEEPINESS SCALE**

**Please fill out if requesting testing.**

How likely are you to doze off or fall asleep in the following situations, compared to just feeling tired?

- 0** = never  
**1** = slight chance  
**2** = moderate chance  
**3** = high chance

**PLEASE INCLUDE THE FOLLOWING:**

- Demographic sheet & insurance info       Any previous sleep or HST studies  
 Recent clinical notes / last history & physical       Medication list, including O<sub>2</sub>

**FAX TO PREFERRED LOCATION:**

Rochester	f (585) 385.6071	Niagara Falls	f (716) 242.0611
Geneseo/Dansville	f (585) 335.4290	Olean	f (716) 379.8439

Practitioner's signature \_\_\_\_\_ Date \_\_\_\_\_

Practitioner's name (PRINT) \_\_\_\_\_ NPI # \_\_\_\_\_

Practice name \_\_\_\_\_ Dental Practice    Y    N