



# SLEEP REFERRAL FORM

p (585) 385.6070 | f (585) 385.6071  
sleepinsights.com

Last name	First name	MI
Phone	DOB	Gender

## SELECT CONSULTATION OR TESTING

### CONSULTATION

Patient seen for evaluation, any indicated sleep studies, CPAP titration/equipment, and follow up

### TESTING

- |   |   |
|---|---|
| <input type="checkbox"/> Home Sleep Apnea Testing (CPT 95806) | <input type="checkbox"/> Split night (if PSG criteria is met) |
| <input type="checkbox"/> PSG / polysomnogram (CPT 95810)      | <input type="checkbox"/> CPAP titration (CPT 95811)           |
| <input type="checkbox"/> Other:                               |   |

### FILL OUT EPWORTH SLEEPINESS SCALE IF REQUESTING TESTING

How likely are you to doze off or fall asleep in the following situations, compared to just feeling tired?

0 = NO CHANCE    1 = SLIGHT CHANCE    2 = MODERATE CHANCE    3 = HIGH CHANCE

	0	1	2	3		0	1	2	3
Sitting and reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lying down to rest in the afternoon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Watching TV	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sitting and talking to someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting, inactive, in a public place	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sitting quietly after lunch (no alcohol)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a passenger in a car for an hour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	In a car, stopped for a few minutes in traffic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**TOTAL SCORE:** \_\_\_\_\_

## FAX THE FOLLOWING to (585) 385.6071

- |  |  |
|--|--|
| <input type="checkbox"/> Demographic sheet & insurance info              | <input type="checkbox"/> Any previous sleep or HST studies         |
| <input type="checkbox"/> Recent clinical notes / last history & physical | <input type="checkbox"/> Medication list, including O <sub>2</sub> |

*If this box is not checked you are responsible for patient follow up care after direct testing referrals only.*

Practitioner's signature \_\_\_\_\_ Date \_\_\_\_\_

Practitioner's name (PRINT) \_\_\_\_\_ NPI # \_\_\_\_\_

Practice name \_\_\_\_\_ **Dental Practice**    Y    N