



SLEEP REFERRAL FORM

p (716) 575.0075 | f (716) 242.0611
sleepinsights.com

Last name	First name	MI
Phone	DOB	Gender

SELECT CONSULTATION OR TESTING

CONSULTATION

Patient seen for evaluation, any indicated sleep studies, CPAP titration/equipment, and follow up

TESTING

- | | |
|---|---|
| <input type="checkbox"/> Home Sleep Apnea Testing (CPT 95806) | <input type="checkbox"/> Split night (if PSG criteria is met) |
| <input type="checkbox"/> PSG / polysomnogram (CPT 95810) | <input type="checkbox"/> CPAP titration (CPT 95811) |
| <input type="checkbox"/> Other: | |

FILL OUT EPWORTH SLEEPINESS SCALE IF REQUESTING TESTING

How likely are you to doze off or fall asleep in the following situations, compared to just feeling tired?

0 = NO CHANCE 1 = SLIGHT CHANCE 2 = MODERATE CHANCE 3 = HIGH CHANCE

	0	1	2	3		0	1	2	3
Sitting and reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lying down to rest in the afternoon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Watching TV	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sitting and talking to someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting, inactive, in a public place	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sitting quietly after lunch (no alcohol)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a passenger in a car for an hour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	In a car, stopped for a few minutes in traffic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

TOTAL SCORE: _____

FAX THE FOLLOWING to (716) 242.0611

- | | |
|--|--|
| <input type="checkbox"/> Demographic sheet & insurance info | <input type="checkbox"/> Any previous sleep or HST studies |
| <input type="checkbox"/> Recent clinical notes / last history & physical | <input type="checkbox"/> Medication list, including O ₂ |

If this box is not checked you are responsible for patient follow up care after direct testing referrals only.

Practitioner's signature _____ Date _____

Practitioner's name (PRINT) _____ NPI # _____

Practice name _____ **Dental Practice** Y N