



## RECOMMENDED REPLACEMENT SCHEDULE FOR CPAP SUPPLIES

### **MONTHLY**

Full Face cushion	1 every month
Nose Pillows/cushions	2 every month
Filters	2 every month

### **3 MONTHS**

Mask/Headgear	1 every 3 months
Tubing	1 every 3 months

### **6-12 MONTHS**

Water Chamber	1 every 6-12 months
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Most insurance plans require an authorization every 6 months in order for them to pay their portion of your supplies.

- If you have a newer CPAP machine (less than 3 years old), we can obtain your downloads online and you *do not* need to bring your machine in to your appointment.
- However, if your machine is older than 3 years, you must bring your CPAP unit in for a download.
- The download must show that you are using your CPAP machine 70% of the time.
- You should have regular CPAP appointments scheduled every 6 months.

**To schedule an appointment, please call 585-385-6070**

- **select option #3 to reorder supplies**
- **select option #4 to speak with the Respiratory Therapist**

**YOU WILL NEED TO BRING YOUR CPAP WITH YOU FOR YOUR APPOINTMENT**